RECOVERY KERNEL

[illegible]

[illegible]

[illegible] —

[illegible]

[illegible] - [illegible]

[illegible]

[illegible]. [illegible]-[illegible]-[illegible]-[illegible]. [illegible] 10 [illegible].

[illegible]. [illegible]. [illegible]. [illegible]. [illegible].

[illegible] - [illegible]

[illegible], [illegible].

[illegible] '[illegible]' [illegible]' [illegible]. [illegible], [illegible]. [illegible]. [illegible]. [illegible] 60-90 [illegible], [illegible]. [illegible]. [illegible] — [illegible].

В □□□□□□□□□□□□□□ □□□□□ □□□□□: 10 □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□, 3 □□□□□□□□ □□□□□□□□ GHB □□□□□□□, □□□□□□□□□□□ □□□□□□□□□□□ 5 □□□□□□□□□□, □□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□ □□□□□, □□□□□□□□□□ □□□□□□□□□□□, □□□□□□□ □□□□□□ □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□ 30 □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□ □□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□.

В □□□□□ □ □□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□. □ □□□□□□□□□□□□□□□□ □□□□□□□, □□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□ (extrapolation) □□□□□□□□□□□□□□□□. □□□□ □□□□□□□□□□□□□□ □□□□□□□□□□ - □□□□□□□□ □□□□□□□□□□□□□ (Mild to moderate, □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□, □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□) □□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□, □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ (□□□□□□□□□□□□□□, □□□□□□□□□□□□□□□, □□□□□□□□□□□□□□ □□□□□□□□□□) □□□□ □□□□□□□□□□□□□□□□□□□□

	□□□□□□□□□□□□□□ □□□□ □□□□□□□□□□□□□□. □□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ □□□□ □□□□□□□□ □□□□□ □□□□□□□□□□□□□□□.
□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□ □□□□ □□□□□□□□ □□□□□□□□□: '8 □□□□□□□□□ □□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□.' □□□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□.	□□□□ □□□□□□□ □□□□□□, □□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□□. □ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□ 8 □□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□ - □□□□ □□□□□□□□□.

□□Failure □□□□: □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□□ □□□□□□□□ □□□□ □□□□□□□ □□□□□□□□□□□□□□□, □□□□□□ □□□□□□□□□□□□□□□, □□□□□□□ □□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□, □□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□, □□□□□□□□□□ □□□□□□□□□□□□□□□. □□□□ □□□□□□□□□□□□□□□ □□□□□ □ □□□□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ (population bias) □□□□ □□□□□□□□□□□□ □□□□□ □□□□□ □□□□□□□□□□□□□□. □□□□□□□ □ □□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□.

1.1 — □□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□□

□□□□ □□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□: □□□□□□□□□□□□□ □□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□, □□□□□□□□□ □□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□. □□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□ - □□□□□□□□□□□□□□□□□□□□, □□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□ □□□□ □□□□□ □□□□□□□□□□□□, □□□□□□□□□□□□: □□□□□□□□□□ □□□□□□□ □□□□□□, □□□□□□□□□□□□ □□□□□□ □□□□□□□□□□, □□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□, □□□□□□□□□□□□□□□ □□□□, □□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□ □□□□□□□□□ □□□□□□□□□□□□□.

□ □□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□ - □□□□□□□□ □□□□□, □□□□□□□□□□□□□□□ □□□□□, □□□□□□□□ □□□□□, □□□□□□□□□ □□□□□□□□□□□□. □□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□, □□□□ □ □□□□□□□□□□□□□ □□□. □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□ 80% □□□□□□ □□□□□□□□, □□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□

[illegible]

[illegible].

[illegible]

[illegible].

[illegible]. [illegible]. [illegible]. [illegible]. [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible]. [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible].

[illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

*[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

*[illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]: [illegible] [illegible] [illegible]

[illegible]: [illegible]

◆ [illegible]. [illegible]. [illegible].

[illegible]	[illegible] ([illegible])	[illegible] (поврежден[illegible] [illegible])
[illegible]/[illegible] [illegible]	[illegible]. [illegible]. [illegible]. [illegible]. [illegible].	[illegible] (60-90°F [illegible]) [illegible]. [illegible] - [illegible]. [illegible]-[illegible] — [illegible], [illegible]. 3-5 [illegible]. [illegible]: [illegible] 4-6 [illegible]. [illegible]. [illegible], [illegible]. [illegible] 6 [illegible].
[illegible]	[illegible], [illegible], [illegible], [illegible] 20 [illegible]	2-5 [illegible]. [illegible], [illegible], [illegible]

	□□□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□.	□□□ □□□□□□□ 20 □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□. 2 □□□□□□□□□□ □□□□□□□□ □□□□ □□□□□□□□ 1 □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□□□□□□ 18 □□□□□□□□□□□□□□□□□ 20 □□□□□□□□□□□□□□□□□□□□ — □□□□□□□□□□ □ □□□□□□□□□ □□□□□□□□□□ PFC □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□□ 8 □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□ — □□□ □□□□□□□□□□□□□□ □□□□□□□□□□. □□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□. □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□: □□□□□□□□□□ □□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□.
□□□□□□□□□□ □□□□□□□□□□	'□□□□□□□□ 3-5 □□□□, □□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□ 30 □□□□□□□□□□.' □ □□□□□□□, □□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□ □□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□, □□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□ 30 □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□, □□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□

	□□□□□□□□□□□□□□□□□. □□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□, □□□□□ □□□□□□□□□□□□ □□□□□□□□, □□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□ □□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□

II.1 — [illegible]

[illegible] [illegible] [illegible] [

□□□□□□□□□□□□□□□□	□□□□□□□	□□□□□□□□□ □□□□□□□□□□□□□. □□□□□□□□□ 2-4 □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□, □□□□ □□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□ (NAC, □□□□□□□□□ □□□□□□□□□□□□, □□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□) □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□

III. [illegible]

◆ [illegible]. [illegible]. [illegible] **AMPA** [illegible]. [illegible].

Recovery Kernel-[illegible] (NAC, 5-MTHF, methylcobalamin, magnesium glycinate, CoQ10, DHA, UMP, tyrosine) [illegible], [illegible]. [illegible]. [illegible] [illegible]гни[illegible] — [illegible] AMPA [illegible], NGF/BDNF [illegible], [illegible], [illegible], [illegible] [illegible]гни[illegible].

[illegible]: [illegible], [illegible] FDA [illegible], [illegible]-[illegible]. [illegible], [illegible] ([illegible]) [illegible]. [illegible]. [illegible]гнитивной [illegible] — TBI, [illegible], [illegible]гни[illegible] — 50 [illegible], [illegible]гни[illegible].

III.1 — [illegible] — [illegible] AMPA [illegible]

[illegible] AMPA/NMDA [illegible]. [illegible], [illegible], [illegible] AMPA [illegible]. [illegible] (Racetams) [illegible] AMPA [illegible] — [illegible], [illegible] AMPA [illegible]. [illegible].

[illegible]	[illegible]	[illegible]	[illegible]

[illegible] — [illegible] [illegible]	[illegible] 2-3 [illegible] 800-4800mg	AMPA [illegible] [illegible]ric [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. 50+ [illegible] [illegible].	[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] PFC-[illegible] AMPA [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

			[illegible].
[illegible] [illegible] - [illegible] [illegible]	100-300[illegible] [illegible], [illegible] [illegible] 2-3 [illegible]	[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] (NAC).	[illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] 5-7 [illegible] [illegible] [illegible]. [illegible] [illegible] 2-3 [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] (craving) [illegible] [illegible]. [illegible] 60 [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].
[illegible] [illegible] - [illegible] [illegible] [illegible]	[illegible] 1200-2400mg, 2-3 [illegible] [illegible].	[illegible] AMPA [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible].	[illegible] [illegible] [illegible] [illegible] [illegible]

III.2 — [illegible] — [illegible] [illegible]

[illegible], [illegible]?	[illegible] [illegible] [illegible] [illegible]?
Noopept (N-[illegible]-[illegible] [illegible]) [illegible] [illegible] [illegible]. [illegible] [illegible] 1000 [illegible]. [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible]: 1. [illegible] AMPA, NMDA [illegible] — [illegible] [illegible] [illegible]. 2. [illegible] NGF ([illegible] [illegible]) [illegible] BDNF [illegible] — Noopept-[illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].	[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (mild traumatic brain injury) [illegible] [illegible] [illegible] [illegible]: [illegible] PFC [illegible], [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. noopept [illegible] [illegible] - [illegible] [illegible], TBI - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. NGF [illegible] [illegible] [illegible]: [illegible] ([illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]) [illegible] [illegible] NGF [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] 10-30mg, [illegible] administração [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] (CDP-[illegible] [illegible] [illegible]-GPC) [illegible] [illegible]. Noopept [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

III.3 — [illegible] — [illegible] [illegible]

[illegible]	[illegible] [illegible]	[illegible] [illegible] [illegible]

□□□□□□□□□ - □□□□□□□□□□□□□ □□□□□□□□□□□□- □□□□□□□□□ □□□□□□□□□□	□□□□□□□□□□ □ administração, □□□□□-□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□. □□□□□□□□□ □□□□□□□□□□□□□□: BDNF, NGF □□□□□□□□□□□□ (□□□□□□□□□□□□□□, □□□□□□□□□□□□□ — administración □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□). □□□□□□□□□□□□□, □□□□□□□□□□□□□□□□ □□□□ □□□□□□□□□□□□□□□□□□□□. □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□, □ □□□□□□□□□□□□□ 30 □□□□□□□□□□□□□□ □□□□□□□□□□□□. □□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□, □□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□.	Semax □□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□: □□□□□□□□□□□□□□□□ BDNF □□□□□□□□□□□□□□ (□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□, □□□□□□□□ □□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□) □□□□□□□ D2 □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□ □□□□□□□□. 300-1000mcg □□□□□□□□□□□□□□□□□, □□□□□□□□ 1-2 □□□□. □□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□ (FDA □□□□□□□□□□ □□□□□) □□□□□□ □□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□.
□□□□□□□□□ - □□□□□□□□□□□□□ □□□□□□□□□-□□□□□□□□□□ □□□□□□□□□□	□□□□□□□□□□□□. □□□□□□□□□ □□□□□□□□□□□□□□: GABA-A □□□□□□□□□□ (□□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ — □□□□□□□□□□□□□ □□□□□□□□□□, □□□□□□□□ □□□□□□□□□□□□□□), BDNF □□□□□□□□□□□□□, □□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□ (□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□). □□□□□□□□□□□□□□□□□□□□□□□□□□ □□гни□□□□□□□ □□□□□□□□□□□□□□□□□□□□□, □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□.	□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□, □□□□□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□- □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ GHB □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□. □□□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□ □□□□□□□□□. GABA-A □□□□□□□□□□, GABA-B □□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ (GHB □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□) □□□□□□ GABA □□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□ □□□□□□□□□. 250-500mcg □□□□□□□□□□□□□, □□□□□□ 1-2 □□□□.

III.4 — □□□□□□ □□□□□□□□□□□□□ — □□□□□□ □□□□□□□□□□ □□□□□□□□□□□□

□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□□. □□□□□□ □□□□□□ □□□□□□ □□□□□□□□, □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□ AMPA □□□□□□□□□□□ □□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□: □□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□

□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□. □□□□□□□□□□□□□□□ □□□□ □□□□□□ □□□□□□□□□□□□□□□ □□□□□□□ □ □□□□□□□□. □□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□□ — □□□□ □□□□□□□□□□□, □□□□□□□□□□□□□□□.

□□□□□□ □□□□□□□□□□	□□□□ □□□□□□ □□□□□□□□□	□□□□□□□ □□□□□□□□□□□□□
□□□□□□□□□□□□□□□	□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□: □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□ (□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□) □□□□□□□ □□□□□□□□□□□ (□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□). □□□□□□□□□□□-□□□□□□□□: □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□, □□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□, □□□□□□□ □□□□□□□□□□□□□□□□□□ AMPA □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□.	□□□□□□□□□□□ 250-500mg, □□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□. □□□□□□□, □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ CDP-□□□□□□ □□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□.
□□□□-□□□□□□□	□□□□□□□□-□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□

[illegible]	[illegible] [illegible]	[illegible] [illegible]	[illegible] [illegible]
[illegible] 1-30 ([illegible] [illegible])	[illegible] [illegible] [illegible]: 5-MTHF, [illegible], NAC, маг[illegible], DHA, CoQ10. [illegible] [illegible] [illegible].	[illegible] [illegible], [illegible] [illegible], [illegible]. [illegible]гни[illegible] [illegible] [illegible] [illegible].	[illegible] мета[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] 30-60 ([illegible] [illegible])	noopept 10mg , [illegible], CDP-[illegible] 250mg [illegible].	[illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].	[illegible] [illegible] (AMPA + NGF + BDNF) [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] 60-90 ([illegible] [illegible] [illegible] [illegible])	[illegible] [illegible] [illegible] 800mg [illegible]. 2 [illegible] [illegible].	[illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] AMPA [illegible].	[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] 90+ ([illegible] [illegible], [illegible] [illegible] [illegible])	[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].	[illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible]	[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible]

	□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□ 750mg □□□□□□ □□□□□□ □□□□□ (□□□□□□□□□□□□□□□) □□□□□□□□□□.	□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□.	□□□□□□□□□□□□□□□□□□□□□□□□□. □□□□□□□□□□□□□□□ □□□□ □□□□□□□□□□□□ — □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□, □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□.
90+ □□□□□□□□□□, □□□□□□□□□ □□□□□□□□□ 2-3 □□□□	□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ 100-200□□□□□□□□□□□□□□□□. □□□□□□ □□□□□□□□□ □□□□□.	□□□□□□□□□ □□□□□□□□ □□□□□□□□, □□□□□□□□□□, □□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□. □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□ (□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□

IV. [illegible] — [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

□□□□□□ 30-60	□□□□□□□□□□□□□□ + □□□□□□□-□□□□□□ □□□□□□. □□□□□□□□□□□□□ 15-20 □□□□□□□□□ □□□□ □□□□□□□□. □□□□□□□□□□□□□ □□□□□□□□□ □□□□ □□□□□□ — □□□□□□□ □□□□□, □□□□□□□ □□□□□□□, □□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□.	□□□□□□□□□□□□□ 10□□□□□□□□□□ □□□□□□□ + □□□□□□□-□□□□□□ 250mg. □□□□ □□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□, □□□□ □□□□□□□□□□□□ □□□□□□□□□□; □□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□. □□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□.	□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□. □□□□□□□□□□□□□□ AMPA □□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□, □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□, □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□.
□□□□□□ 60-90	□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□. 20-30 □□□□□□□□□□ □□□□□□□□□. 5 □□□□□□□□□□□ □□□□□□□□ □□□□□□. □□□□□□□□□□□□□□□□□□□ □□□□. □□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□.	□□□□□□□□□□□□□□ 800mg □□□□□□□□ □□□□□□□□□□□. □□□□□□□□ □□□□ 5 □□□□□□□□□□ □□□□□□□□ □□□□□□□□□ (BDNF □□□□□□□□□□□□□□□□□□□□

	[illegible] [illegible].	[illegible] [illegible] [illegible] [illegible] [illegible].	[illegible] [illegible] [illegible].

IV.1 — [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [

[illegible]. [illegible] [illegible]. [illegible]. [illegible]. [illegible].